# Green concrete for structural buildings

#### Fehim Findik 1,2

<sup>1</sup>Metallurgy and Materials Engineering Department, Faculty of Technology, Sakarya Applied Sciences University, Sakarya, Turkey <sup>2</sup>BIOENAMS R & D Group, Sakarya University, Sakarya, Turkey

\*Corresponding author E-mail: findik@subu.edu.tr

Received Jan. 25, 2022 Revised Apr. 29, 2022 Accepted May 6, 2022

#### Abstract

Our planet is in danger for a number of reasons such as population growth, excessive energy consumption and global warming that followed, the inability to manage waste and reduce water consumption. For sustainability, green concrete is defined as the use of waste materials and high-sustainability concrete that does not harm the environment in the production process. Proper green building should be energy efficient and use recycled aggregates. The emergence of sustainable structures in this way will reduce the need for fossil fuels, which is the main reason for universal heating. The environment can be perfectly sustainable only with zero use of non-renewable resources and a limited rate of regeneration and controlled use of renewable resources. This study considers the concept of environmentally friendly green concrete, which can be used instead of the traditional cement used in buildings that are being built due to the growing population. It was examined what needs to be done for the sustainable design of buildings and it was pointed out that in that way the emission of carbon dioxide into the atmosphere will be reduced. The use of green concrete for sustainable design and environmental protection was highlighted and several examples from around the world were highlighted.

© The Author 2022. Published by ARDA.

*Keywords*: Green concrete, Sustainability, Population growth, Urbanization, Global warming, Toxic emissions

### 1. Introduction

With the development of green building awareness in the last decade, extensive studies have been carried out in civil engineering. This article provides awareness into the novel lawful, technological and social developments controlling the promotion of green buildings and their impact on the building industry. This study comprises an assessment of the carbon dioxide and extra discharges related with cement production, the properties that concrete must provide for green building movement, and its impact on the role of concrete. To better understand how concrete can subsidize to sustainable building, it is necessary to reduce building leftover and the usage of additional cementitious supplies.

Sustainability is "development that meets today's requirements by trying to balance social, economic and environmental impacts". The Concrete Joint Sustainability Initiative is a union of industry relations that build concrete constructions. The chief aim is to teach the associates of the administrations and their customers on the usage of concrete in sustainable progress. When used appropriately, reinforced concrete can greatly contribute to the creation of sustainable buildings and bridges for the successful future of countries [1].

### 1.1 Civil engineering and sustainability

Civil engineers have watched at sustainability as a strategy and practice attitude. "Sustainable Progress is the encounter of summit while protecting and protecting social requirements for natural resources, industrial products, transportation, food, energy, shelter and actual leftover organization.



### 1.2 Qualifications of concrete sustainability

This section aptly ends with concrete, an outstanding and worldwide obtainable building material, and its top 10 qualities as a maintainable substance. CRSI defines these attributes differently; are changed accordingly [1].

Extended service life. The durability of reinforced concrete allows the structure to preserve its structural and artistic properties for numerous years. The carbon footmark of a building is lessened.

Safety. Reinforced concrete constructions can endure usual tragedies such as storms, floods and tremors. This confrontation reduces the necessity for repairs.

Energy efficiency. The natural thermal mass of reinforced concrete engrosses heat throughout the day and discharges it at night, plummeting heating prices.

Inferior upkeep. Reinforced concrete delivers lasting sturdiness and reduces the necessity for upkeep.

Reduced waste. Concrete components are produced and poured and the resulting waste can be recycled.

Minimal harvest effect. Concrete producers can replace them with manufacturing by-products for example blast furnace slag, removing them from landfills and minimizing cement usage.

Minimum transport cost. All reinforced concrete constituents can be prepared nearby wherever in the sphere. The effects of transportation are minimized by the use of domestic materials.

Design suppleness. Reinforced concrete proposes the suppleness to project long-span, theatrical architectural forms that can offer exposed inner plans, create suppleness in space design, and provide the aptitude to quickly install apparatus.

Improved indoor air quality. Concrete protects air quality and does not care mold development since it is inorganic. It also decreases concealed areas where bugs, rodents and biohazards can accrue and penetrate engaged areas.

Aesthetics and further important societal advantages. Strengthened concrete can be cast on nearly any superficial appearance. This gives the designer limitless suppleness with texture, shape and color. Furthermore, concrete delivers high fire confrontation and outstanding sound insulation. Thus, it generates safe, protected and contented projects [1].

### 2. Cement industries

Cement production is a complex industrial process. Portland cement is the main component of concrete. To maximize sustainability, measures must be taken to decrease energy usage, detention emissions from cement production and construct efficient buildings.

Chemical additives used in concrete production have gained a very important profile in concrete production. However, due to the lack of sufficient technical knowledge about chemical additives, the rational selection of these chemicals could not be made correctly.

Cement production is a large procedure that necessitates energy and raw materials. Cement plants emit particulate matter such as nitrogen oxides and other solid and gaseous litters. However, in the last two decades, cement producing firms around the world have made great efforts to decrease the environmental impact of this procedure. However, sustainability is very important here.

The global cement manufacturing industry, its sustainability depends on social, environmental and economic factors. Sustainability also examines the effects on the lifespan of a product. Concrete executes well under life cycle analysis. Concrete has a long life and can always increase the energy efficacy of reinforced concrete structures.

# 2.1 Environmental sustainability

Concrete and cement industries have made great efforts to reduce solid waste and air emissions. For example, the Greenhouse Gas (GHG) Protocol was established by the World Resources Institute and the World Business

Council for Sustainable Development (WBCSD) and aimed to measure carbon dioxide (CO2) and other discharges in cement plants. Then, CO2 reduction targets were set in the cement industry. For example, PCA member firms have dedicated to reducing their CO2 emissions by 10% between 1990 and 2020.

#### 2.2 Economic sustainability

Numerous of the events were taken to ensure environmental and social sustainability subsidize to financial sustainability. The increase in solid and gaseous waste emissions as a result of inefficiency improves the environment and increases profits with the improvement of energy efficiency. In addition, by using waste products from other industries, environmental pollution is prevented and raw material costs are reduced. The greatest regularly utilized substitute raw materials are blast furnace slag, foundry sand and fly ash. Usually utilized other fuels comprise non-recyclable plastics and leftover oils.

#### 2.3 Concrete's future

While cement manufacturers around the world are trying to recover their social and environmental performance, there are countries with development challenges such as India, where this is still not the case. However, even in Europe and the United States, more policy changes towards sustainability are needed.

More needs to be learned about cement and concrete in order to make more efficient and durable structures in the world. With this type of training, energy savings, discovery of new techniques and emission reductions can occur. With the smarter use of concrete, we can have a healthier, safer and cleaner planet [2].

#### 2.4 Outline

Concrete structures deliver natural insulation that can protect energy related to heating and cooling. Depending on the location, concrete buildings use less energy for heating and cooling than other structures. In addition, concrete structures are more resistant to storms and save energy during rebuilding. Due to the long life of concrete, the energy used in maintenance and repair is significantly reduced. Because the concrete is lighter in color, it reflects light and reduces heat retention.

### 3. Sustainable building design

Our planet is in danger because of stark climate vicissitudes and populace growth. Unless urgent measures are taken, problems such as environmental pollution and energy increase due to carbon emissions may have serious consequences. Drinking water is also decreasing due to climate change. In recent years, energy and environmental design (LEED) documentation has been recognized as a standard for gauging building sustainability by the USA and some other countries in order to raise awareness of people, protect the environment and draw attention to energy increase [2].

#### 3.1 Environmental threats

Population growth and the spread of urbanization; increased energy demand; increase in water and air pollution; Problems such as transportation difficulties are the biggest threats to sustainable development.

# 3.1.1 Population growth

It is known that the annual growth rate of the world population in 2020 is 1.1% to 7.75 billion. The world population was 3.0 billion in 1960, but only 1.6 billion in 1900. According to the UN, the world population is estimated to be amid 7.9 and 10.3 billion in 2050 (Figure 1).

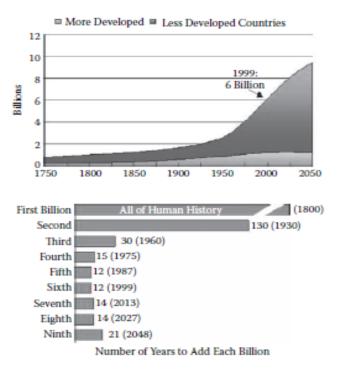


Figure 1. Population trend from 1750 to 2050 [3]

At this time, 100 million persons are increased each year in less industrialized states, associated to around 1.6 million in more industrialized states (Figure 2).

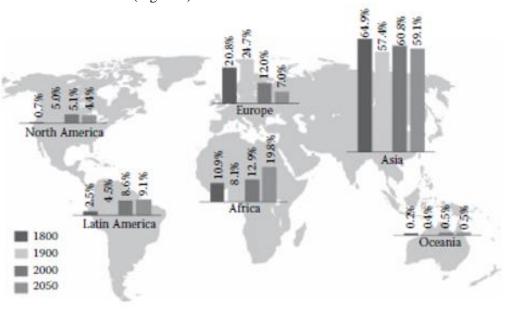


Figure 2. Distribution of world population [4]

#### 3.1.2 Urbanization

Conferring to the UN World Urbanization Forecasts Report (2007), the globe populace is rapidly urbanizing. The universal amount of the urban populace increased from 29% (736 million) in 1950 to 48.6% (3.16 billion) in 2005.3 By 2030, the universal residents is predictable to live in cities (Figure 3). The fraction of the urban populace of India augmented from 17.0 in 1950 to 28.7 in 2005 and the percentage of the urban population of the US from 64.2 to 80.8. In 1950 there were solitary two megacities with populations of 10 million or more. The sum of megacities rose to 22 in 2015. In 2015, 17 of these 22 mega-cities were located in developing countries. Asia and Africa are projected to have more urban populations than any further mainland in the globe, and Asia will cover 54% of the world's city populace by 2030.

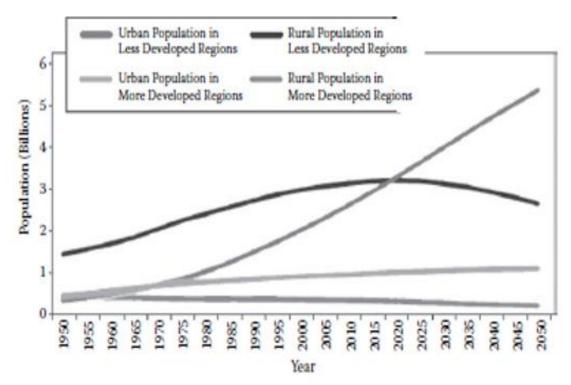


Figure 3. Urban and rural populace growing of the sphere [5]

### 3.1.3 Energy usage and universal warming

Consistent with the US Department of Energy, the typical entire universal power ingestion of the hominid race in 2005 was 16 TW, of which 86.5% was due to the combustion of fossil fuels. Energy ingestion in India tripled from 4.16 to 12.8 quadrillion Btu amid 1980 and 2001, making India the fifth most energy consuming country after the US, Germany, Japan and China. Consistent with the US Department of Energy's 2030 projections, China and India will consume about half of the world's energy. As is known, more than a third of greenhouse gases come from scorching fossil fuels to produce energy. All fossil fuels are composed of hydrocarbons and carbon dioxide is released when scorched [6-7]

#### 3.1.4 Water scarcity

97.5% of the world's water is salt water and only 2.5% is fresh water. Freshwater is a renewable resource, but the world's freshwater supply is dwindling. On the other hand, water consumption in the world is increasing day by day. While the world's populace has folded since 1900, the quantity of fresh water utilized has augmented six-fold. Farming is the biggest water consumer. While 70% of the water drawn from rivers and lakes is used for irrigation, 20% is used for industry and 10% for residences. Efficient but low-watering drip irrigation has grown more than 50 times in the last 20 years and is utilized on solitary 1% of the world's watered land. This water paucity can slow development efforts to some extent [8-9]

### 3.1.5 Waste management

Waste management is the assortment, treating, transportation, reprocessing or removal of waste materials. Waste management is done to decrease the impact of materials on the environment and save resources from them (Figure 4) [10]. Waste management includes stages such as storage and ignition, recovering and energy retrieval (Figure 5). Consistent with ASCE, the US produced 230 million tons of solid waste in 2007. It has been reported that more than a third of waste has been recycled since 2000. The snowballing volume of electronic waste and the lack of unchanging rules for removal pose a important danger to civic security.



Figure 4. Waste management can include solid, liquid or gaseous materials [10]

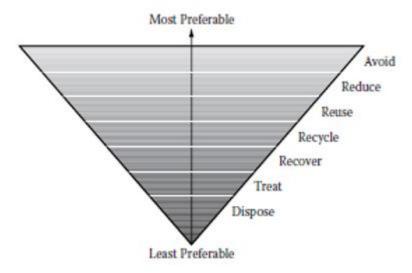


Figure 5. Hierarchy of waste management [11]

### 3.2 Carbon dioxide reduction

Carbon dioxide can be formed in the air from anaerobic bacteria, from humans and animals that give off carbon dioxide in respiration, and from volcanic activities. Carbon dioxide is naturally detached by plants in the procedure of photosynthesis, and the water in the oceans acts as a sink to dissolve CO2.

But scorching fossil fuels to produce the energy needed for electricity and conveyance produces supplementary carbon dioxide as a byproduct that Mother Nature cannot eliminate. Consequently, the quantity of carbon dioxide in the air is nowadays around 35% greater than it was a century and a half ago. It was understood that urgent steps should be taken to decrease the impressive carbon dioxide level, which is the chief reason of global warming, and according to the Kyoto Protocol, developed nations committed to decrease their communal greenhouse gas (GHG) releases by 5.2% associated to 1990.

Constructions devour 40% of the world's energy and materials. Carbon emissions from the manufacture and transportation of building supplies are an important portion of the edifice diligence.

The primary emission of the cement industry is carbon dioxide. CO2 is unconfined when limestone is heated to crop calcium oxide throughout cement production, as revealed in the subsequent reaction:

$$CaCO3 + O2 + heat (1200-1400^{\circ}C) \rightarrow CaO + CO2$$

The cement industry donates about 5% to all industrial CO2 releases. The main ecological loads from the fabrication of one ton of Portland cement are [12]:

• Approximately 1 ton of carbon dioxide emissions (Table 1)

- 1700 kWh main energy use
- 1.5 tons of mineral extraction
- Approximately 4 GJ energy requirement

Table 1. Estimated CO2 releases related with fabrication of 1 ton of Portland cement [13]

TABLE 3.1

Approximate CO<sub>2</sub> Emissions Associated with Production of 1 Tonne of Portland Cement

Source	CO <sub>2</sub> Emitted (kg)	Comment		
Chemical decomposition (breakdown of limestone)	500	The major source of $\mathrm{CO}_2$ and intrinsically unavoidable		
Fuel	350	Use of waste as fuel can benefit sustainability		
Electricity	80	The CO2 is normally emitted off-site at a power station		
Total	930			
		crete: How can additions contribute? The Institute of Technical Symposium, March 28.		

Furthermore, cement fabrication needs the extraction of raw materials for example limestone and fuels for instance coal, which leads to deforestation. The concrete industry also utilizes huge volumes of drinking water. Every year, 10-11 billion tons of sand or gravel stone are utilized in the concrete industry in the world. The environmental impacts of concrete production can be reduced by the following methods:

- To reduce the quantity of greenhouse gases released throughout the production of cement production or by-products from other industries.
- Additional effectual usage of possessions in concrete creation
- · Better reuse of secondary materials
- By exploiting the usage of reprocessed materials,
- Growth of low-energy, ongoing, supple structures and buildings
- Ecological refurbishment
- To increase the life of the structure from 50-60 years to 100-120 years by utilizing tough materials.

By using the following three recommendations simultaneously, significant reductions in carbon releases can be attained (Table 2) [14]:

- Rehabilitating old buildings
- Less cement consumption in concrete mixes
- Diminishing the amount of cement in a concrete combination

Table 2. Projected cement and CO2 reduction [14]

Description	Year 2010	Year 2030	Percentage Reduction
Cement requirement (billion tonnes)	2.8	1.96	30
Clinker factors	0.83	0.60	27
Clinker requirement (billion tonnes)	2.3	1.18	49
CO <sub>2</sub> emission factor <sup>b</sup>	0.9	0.8	10
Total CO <sub>2</sub> emission (billion tonnes)	2.07	0.94	55

The usage of industrial by-products, for example fly ash, blast furnace slag, etc., can lead to important discounts in the quantity of cement required to create concrete, thus reducing landfills, as well as reducing CO2 emissions, energy and raw material consumption. Table 2 is founded on the subsequent expectations: Using factors 1 and 2 together will decrease cement ingestion by 30%. By using waste material as fuel, the carbon release issue is reduced by 10-20%.

#### 3.2.1 "Green" cements

Separation is a procedure that includes apprehending CO2 from coal-fired power plants, squeezing it into a liquid, and inserting it deep into saline aquifers or former oil fields. Cement corporations around the globe are in the procedure of commercializing cements that engross further. The Calix firm, founded in Sydney, Australia, has lately applied for a patent to yield "green" cement via fast calcination of calcium magnesium carbonate subdivisions recognized as dolomite [13].

Another Los Gatos, California-based company called Calera has established a method for absorbing CO2 from hot power plant flue gas with firm water to make cement. CO2 reacts with calcium and magnesium in the water to form solid carbonates and bicarbonates, which are then detached from the water and treated for usage as cement deprived of any CO2 being created.

London-based corporation Novacem constructed a slight pilot plant at Imperial College and substituted the limestone utilized in traditional Portland cement by means of magnesium silicates. Magnesium silicates, by difference, discharge much fewer CO2 at what time warmed. To fabricate cement, magnesium silicates are warmed to 180°C, affecting them to create magnesium carbonates. These are then warmed to 700°C to yield magnesium oxide and a trivial quantity of CO2 is produced in the procedure. The subsequent cement is a combination of this magnesium.

The usage of ready-mixed concrete can also assist to obtain excellence concrete that will upsurge the toughness and lifetime of concrete constructions. Fiber concrete, extraordinary performance concrete, sensitive powder concrete, self-curing concrete etc. Like modern concrete, it both improves the properties of concrete and extends the life of the structures.

### 3.3 Sustainable development

Building more nuclear power plants to generate clean energy and ensure sustainability, geothermal energy and solar heating and wind power, solar photovoltaics, solar power plants and ocean power are included. The progress of substitute fuels for example biodiesel, chemically stowed electric cells, hydrogen, vegetable oil and other biomass sources have also been tried. Each has compensations and disadvantages.

Deliberations for a sustainable construction design are as follows [2]:

- Resources should only be used naturally.
- Site planning should include resources for example solar and wind power and drainage.
- Waste of energy and material should be diminished.
- The design should maximize user health.
- Process and upkeep schemes should upkeep reprocessing.
- Water should be achieved as an incomplete source.

These include the use of alternative modes of operation such as telecommunications and teleconferencing.

#### 4. Concrete and global sustainability

The term sustainability means that there is no undesirable impact on the atmosphere. An undesirable effect can merely smear to renewable resources. The environment can only be perfectly sustainable with zero use of non-renewable sources and restricted regeneration rate and controlled use of renewable resources. In fact, although the term is overall usage, the public has perhaps recognized that factual sustainability is not probable. Although there are some tools that can help reach decisions regarding design and construction choices, use and impacts are often immeasurable.

# 4.1 Measurable sustainability of concrete

A comparable examination by Struble and Godfrey [15] inspected the impact differential of a couple of hypothetical beams, one made of reinforced concrete and the other of flanged steel. The energy usage for the steel beam was 64% greater than for the reinforced concrete beam. The steel beam water contamination directory was nearly three times that of concrete, and the conforming air pollution index was 22% greater; the second was pretty much the similar as the more complex example reported earlier.

When considering design and construction options, it is beneficial to scrutinize the effects of building supplies, considering the following factors: [16] "Fabrication of one ton of Portland cement produces around one ton of carbon dioxide and needs up to 7000 MJ of electricity. It is clear that the concrete industry has a significant impact on the ecology of our planet."

Instead, aluminum, steel and supplementary building supplies also have important effects and can be exposed to be upper than concrete in many circumstances.

# 4.2 Worldwide thoughts of concrete sustainability

Progress and building agendas in China and India and repair programs in industrialized nations will effect in an actual great request for concrete and cement. Amongst concrete creation supplies, carbon dioxide release can be attributed to cement fabrication to a significant extent:

Contemporary cements cover, around 84% Portland cement clinker, and the clinker production procedure discharges 0.9 tons of CO2 per ton of clinker. Universal, the concrete industry spent around 4.05 billion tons of cement in 2015, so the carbon footprint of the industry is fairly enormous [17].

Kumar has made three recommendations for worldwide sustainability: 1—devour fewer concrete; 2—devour less cement in concrete mixes; 3- Consuming less clinker in cement.

It is claimed that the united usage of recommendations 1 and 2 decreases cement use by 30%. For example, if the mass ratio of clinker to cement is abridged from 0.83 to 0.60, the clinker requirement will increase to 1.30 billion tons per capita of 2.50 billion tons in 2010.

Information on sustainability currently available internationally is minimal. Previous research on plasticizers and waste-derived essences over the past 10-15 years can now be applied to the concept of sustainability and action in concrete constructions and substructure progress.

#### 4.3 New international considerations

A Universal Meeting on Developments in Concrete Technology and Sustainability Subjects was detained in Seville, Spain in October 2009 [18]. In addition to the technical topics directly related to sustainability, scientists from 20 countries made presentations. This shows that the interest in sustainability has spread quite widely.

### 5. Conclusions

The subsequent deductions can be drained from the current study:

- a. To maximize sustainability, measures must be taken to decrease energy usage, arrest emissions from cement production and additional processes, and construct effectual buildings at all stages, from cement production and shipping to concrete blending and application.
- b. Concrete and cement diligences worldwide have made significant efforts to reduce the industries' air releases, solid waste and water discharge levels for sustainability. With a measurement tool recognized and used worldwide, the cement industry has set voluntary CO2 reduction targets.
- c. Our planet is in danger due to drastic climate changes. Increasing population combined with urbanization has caused extraordinary problems for our cities. If we do not take crucial actions, these glitches will have disastrous penalties. Increasing populace has caused growing energy demands and has caused energy crises all over the world. Fossil fuels have caused large quantities of greenhouse gas emissions, particularly carbon dioxide, which is damaging to the environment. This causes global warming.
- d. The use of ready-mixed concrete improves the properties of concrete structures, increases their durability and life.
- e. A number of solutions have been proposed to generate clean energy and ensure sustainability, some of which have been successfully implemented in several countries in the past.
- f. Sustainability means that there is no undesirable impact on the atmosphere. An adverse effect can solitary be applied to renewable resources. Even small usage rates of non-renewable resources show that sustainability is not conceivable unless the source in enquiry is necessary to upkeep life, wellbeing and ecological excellence.

- g. The atmosphere can only be flawlessly sustainable with zero use of non-renewable sources and restricted regeneration rate and measured usage of renewable sources.
- h. Building agendas in India and China will consequence in a very high request for cement and concrete and increase carbon dioxide emissions.

### **Declaration of competing interest**

The author declare that he has no any known financial or non-financial competing interests in any material discussed in this paper.

### **Funding information**

No funding was received from any financial organization to conduct this research.

#### References

- [1] "CRSI: Sustainability/Resilience." https://www.crsi.org/index.cfm/sustainability/sustainability (accessed Jan 16, 2022).
- [2] G. M. Sabnis (Ed.), Green Building with Concrete, CRC Press, London 2012.
- [3] "The Sustainable Scale Project." http://www.sustainablescale.org/ (accessed March 06, 2022).
- [4] "PRB." https://www.prb.org/ (accessed March 06, 2022).
- [5] United Nations, Department of Economics and Social Affairs, Population Division 2007.
- [6] J. Silver, Global warming and climate change Demystified—A self-teaching guide. New York: McGraw-Hill, 2008.
- [7] L. Endersbee, "Global changes and new challenges for civil engineers", *Journal of Professional Issues in Engineering*, ASCE vol. 115, no. 1, p. 29–44, 1989.
- [8] V. Smil, Energy—A beginner's guide. Oxford, England: One-world Publications, 2006.
- [9] The editors of Scientific American Magazine. Oil and the future of energy: Climate repair, hydrogen, nuclear fuel, renewable and green sources, energy efficiency. Guilford, CT: The Lyons Press, 2007.
- [10] A. Campioli, and M. Lavagna. "Life cycle design in building and construction sector". in *Third International Conference on Life Cycle Management*, Zurich, Aug. 27–29, 2007.
- [11] "Homepage Lean Business Ireland." https://www.leanbusinessireland.ie/ (accessed March 06, 2022).
- [12] D. Higgins, "Sustainable concrete: How can additions contribute?", The Institute of Concrete Technology, UK, in *Annual Technical Symposium*, March 28, 2006.
- [13] "Green machine: Cementing greener construction | New Scientist." https://www.newscientist.com/article/dn18885-green-machine-cementing-greener-construction/ (accessed Dec. 04, 2021).
- [14] P. K. Mehta, "Global concrete industry sustainability—Tools for moving forward to cut carbon emissions", *Concrete International*, vol. 31, no. 2, p. 45–48, 2009.
- [15] Struble, L. and J. Godfrey. How sustainable is concrete? University of Illinois, Urbana-Champagne (<a href="http://www.cptechcenter.org/publications/sustainable/strublesustainable.pdf">http://www.cptechcenter.org/publications/sustainable/strublesustainable.pdf</a>).
- [16] K. Wang, ed. Proceedings of the International Workshop on Sustainable Development and Concrete Technology, Beijing, China, May 20–21, 2004 (<a href="http://www.ctre.iastate.edu/pubs/sustainable/index.htm">http://www.ctre.iastate.edu/pubs/sustainable/index.htm</a>); Center for Transportation Research and Education Iowa State University, Ames, Iowa, 2004.
- [17] Kumar, M. P. 2009. Global concrete industry sustainability February 2009 (http://www.allbusiness.com/environment-natural-resources/pollutionenvironmental/11783531-1.html).
- [18] http://www.concrete.org/EVENTS/conferences/10th-Inter-Tech-Sustainability.htm